

Issued: February 2013



An annual program for health and mental health professionals dealing with the critical behavioral health and addiction issues confronting today's adult generations

APRIL 15-16, 2013



in partnership with

**THE GOVERNOR'S MILITARY
& FAMILY SUMMIT**



April 17, 2013

Salt Palace Convention Center
100 South West Temple
Salt Lake City, Utah

and programs from the
University of Utah Department of Psychiatry & The Utah Autism Resource Partnership
Utah Commission on Marriage
Utah Department of Veterans Affairs
Utah Division of Substance Abuse & Mental Health
Utah Veterans & Military Employment Coalition
and more!

Founded & supported by the
University of Utah Neuropsychiatric Institute
501 Chipeta Way
Salt Lake City, UT 84108

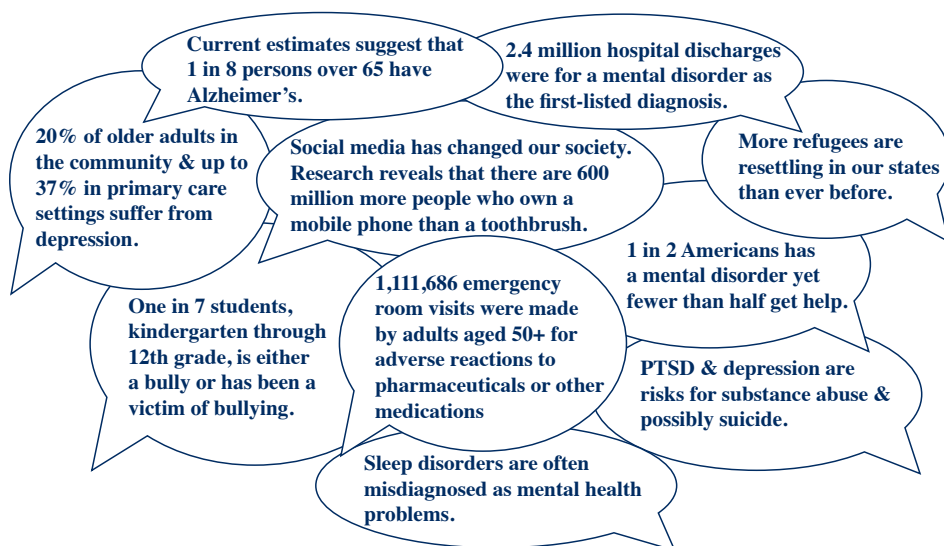
Virtually every population you serve is at risk for **suicide** with 90% of suicide cases preceded by a mental illness. Some western states have had suicide rates higher than the U.S. for more than a decade. Over the past five years, an average of 402 Utahans died from suicide and 4,152 Utahans attempted suicide each year. In 2011 Utah will have exceeded 500 suicide deaths.

Each year **trauma** accounts for 42 million emergency department visits and 2 million hospital admissions. More than two-thirds of children report experiencing a traumatic event by the age of 16 with higher rates witnessing community violence (39%-85%) and sexual abuse (25%-43%). Every 15 seconds a child is abused in the U.S.; and, 15% of all abused children are sexual abuse victims.

Research is still out, but just go on the internet for hypothesis pointing to *Fifty Shades of Grey* as the 'inspiration' for individuals to leave their **relationships** in search of more 'excitement'. AshleyMadison.com's member survey showed that after reading this book 82% felt more sexual than ever and want to explore a variety of new, more erotic sexual experiences; 68% wanted to explore a submissive/bondage sexual relationship; and, 62% feared their husband would be shocked if they asked them to explore such relationships.

In September 2012 The Journal of Marital & Family Therapy released research revealing: one or both spouses admit to **infidelity** in 41% of marriages; 36% of men and women admit having an affair with a co-worker; 35% admit to infidelity on business trips; 17% admit to infidelity with a brother-in-law or sister-in-law; and, 74% of men and 68% of women say they would have an affair if they knew they would never get caught.

Facts gathered by the Autism Society show this as the fastest-growing developmental disability (\$60 billion annual costs making the lifespan cost \$3.2 million per person) and 1 to 1.5 million Americans live with an **autism spectrum disorder**. Only 56% of students with autism finish high school making their unemployment rate 14%, compared with 9% for people without a disability. Only 21% of all adults with disabilities participate in the labor force compared with 69% of the non-disabled population.



As a professional attending Generations 2013, you will increase your knowledge of these and many other behavioral health and addiction issues facing our adult generations via:

- sound clinical education;
- skill-building workshops;
- case practices;
- current evidence-based practices and practice-based evidence;
- in-depth clinical information;
- lively and interactive breakouts;
- breaking research; and,
- concrete tools and technical skills development.

You will also benefit by:

- meeting professional colleagues from Utah and surrounding states;
- increasing your referral base;
- expanding your current knowledge & networks;
- developing new resources & practice tools; and,
- exploring career opportunities.

All this will promote your ability to improve your clinical practice and enhance the care you provide clients. Join your contemporaries for this exceptional program designed for professionals in:

- | | | | |
|-----------------------|--------------------------|------------------------|-----------------------|
| - Case Management | - Health Education | - Medicine | - Substance Abuse |
| - Counseling | - Home Health | - Military Specialties | Treatment |
| - Education | - Hospice | - Nursing | - Other Health, |
| - Employee Assistance | - Judicial / Corrections | - Primary Care | Behavioral Health & |
| - Family Practice | - Long-Term Care | - Psychiatry | Addiction Professions |
| - Geriatrics | - Marriage / Family | - Psychology | |
| - Gerontology | Therapy | - Social Work | |

CONTINUING EDUCATION & ETHICS CREDITS

Generations 2013, will provide you with major continuing education hours for an economical rate. You'll be able to hear presentations by international, national, and local experts renowned in their fields. You will walk away with the most up-to-date information and most effective clinical skills and techniques in areas of addiction and behavioral health - with specific sessions designed for targeted areas such as couples therapy, autism, suicide, geriatrics, military, individual and family therapies. Some ethics options will also be available to help you meet your re-licensure requirements.

This program offers up to 20 hours of course work for continuing education credit in most fields. Keep your program syllabus for future use and immediate reference to the education, tools and resources you attain. This packet will also verify your participation in a program which will count towards licensure requirements! For additional proof for licensure compliance, employers and others, you may also register to receive a CEU/CME Certificate.

- * **Professional Credit:** This program has been submitted to and/or already approved by the:
 - National Association of Alcohol and Drug Abuse Counselors (NAADAC)
 - National Association of Social Workers (NASW)
 - National Board for Certified Counselors (NBCC)
 - Nevada Nurses Association
 - Utah Association for Marriage & Family Therapy (UAMFT)
 - Utah Healthcare Association (for Long-Term Care Administrators)
 - Utah Psychological Association (UPA - approved by the American Psychological Association to be a provider of APA Category 1 Continuing Ed Credit)
- * **Accreditation:** ESI Management Group is accredited by the Utah Medical Association to provide continuing medical education for physicians.
- * **AMA Credit:** ESI Management Group designates this live educational activity for a maximum of 20 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

* Professional Credit & Verification: In some states, CME programs such as this may be used for rec-
licensure credit in other fields. It is the responsibility of each individual to record and report their
attendance to their licensing organization and to check with their Boards to determine reciprocity and
licensure credit as needed.

REGISTRATION

Don't travel far or pay big bucks for mediocre continuing education programs. REGISTER TODAY for this solid, respected conference-of-choice and be guaranteed:

- Substantial continuing education credits
- including ethics content A comprehensive program packet with resource information & faculty handouts
- Copious networking opportunities
- A conference bookstore
- Plentiful & flavorsome food
- Programs by energetic & popularly requested faculty
- Skill-building practicums
- Specialized tracks in targeted therapeutic spheres
- Spacious, comfortable setting
- Nationally & locally eminent faculty
- Audio-visual program enhancements
- Exhibit & resource areas
- A diversity of clinical presentations focused on treatment
- Discounted lodging accommodations
- Convenient, underground parking at a reduced rate
- Gifts & more!

It's easy to register! You can simply -

- Complete and submit the attached "Registration Form" (Keep a copy of your payment or invoice as your receipt as no confirmations will be mailed.)
- OR
- Register with a credit card on-line at www.esimgt.org and enter conference code "G415"

No more 'same old, same old training'. This is a unique opportunity to hear from a plethora of national and local experts under one roof! Come get the information you want in a laid-back, informal, and discreet way.

In the event of unforeseen circumstances, cancellations must be received in writing by:

- March 15 for a full refund
- April 3 for a 50% refund
- No refunds will be granted after April 3

PARKING & TRANSPORTATION

Convenient, underground, self-parking is available at the Salt Palace Convention Center for guests of *Generations* for a reduced rate of \$7. For your maximum convenience, enter the lot on the south side of the Salt Palace - 200 South 200 West then ride the elevator to the main ballroom level parking in this lot will be free on day three of this event.

Guests of the Hilton may park underground at the hotel for \$14/day or valet for \$17. Guests of the Peery may use either valet for \$12 or the self-parking lot immediately north of the hotel for \$10/day.

Carpooling and the use of TRAX are encouraged for your convenience and in support of a clean environment. The Temple Square TRAX stop is less than 1 block north of the convention center.

For airport transportation, you may use Express Shuttle (801-596-1600) for \$8 per person each way.

HOTEL ACCOMMODATIONS

Enjoy the nearby excitement of Salt Lake City **and** the quite solitude of your room at one of the conference hotels located close by the Salt Palace Convention Center. To take advantage of discounted room rates available to you as a participant of *Generations 2013* and/or *The Governor's Military & Family Summit*, contact your preferred hotel directly and mention "Generations".

Hilton Salt Lake City Center - 801-328-2000 / 877-776-4936

Utah's premier meeting & recreation destination, The Hilton offers panoramic views, dining diversity and a modern fitness center. (Special rate: \$96 single/double) The Hilton is located at 255 South West Temple.

The Peery Hotel - 801-521-4300

A boutique style hotel and Utah's only hotel on the Historic Registry, The Peery offers modern conveniences while keeping 100 years of tradition alive. (Special rate: \$109 single/double - including breakfast for 2) The Peery Hotel is located at 110 West Broadway (300 South).

To guarantee these rates, you must make your reservations by March 25th. Availability after this date is not guaranteed.

CITY EVENTS

For information on Salt Lake City events or recreation around the conference call the Salt Lake Convention and Visitors Bureau at 801-534-4901 or 800-541-4955. They can tell you all about the 12 world-class ski slopes within a 30-minute drive of the conference, Rocky Mountain Raceway, Antelope Island, the Great Salt Lake, and any other fantastic city highlights. Don't forget to explore the brand new shops and eateries of the City Creek Complex!

ADA

The partners of this program, the host facilities, and ESI Management Group (conference coordinators) fully comply with the legal requirements of the Americans with Disabilities Act rules and regulations. If you need special accommodations based on the ADA, please call or write ESI at least three weeks before the program.

QUESTIONS

Please call ESI Management Group at 801-501-9446 or toll-free 877-501-9446.

FEATURE EVENTS, PROGRAM & FACULTY HIGHLIGHTS

Register now and join your colleagues for one of the most well-respected behavioral health and addictions education program for professionals. All of this year's faculty have been asked to prepare programs for you - professionals on the front line. From research and prevention to tertiary intervention, you will gain the most **current information** which you can take back and implement in your own daily practice. You will gain tools to help you **upgrade your practice, improve services you provide, and increase your efficacy and bottom-line**. This will translate into enhanced treatment for your clients.

You will be able to select from a vast variety of topics facing all generations. You can participate in all types of educational formats - from single presentations, to workshops, tracks, and programs which provide **certification opportunities**.

Meet and learn from widely acclaimed experts in areas such as **AUTISM, ETHICS, SUICIDE, TRAUMA, MILITARY ISSUES, RELATIONSHIPS, ADDICTIONS, PORNOGRAPHY, FAMILY DYNAMICS, HEALTH, VIOLENCE, GERIATRICS, HUMOR**, and more.

This year's faculty line-up is stellar. **Local experts** are participating to teach and serve as **on-going resources** for you. You can join them in movements such as suicide prevention, currently sweeping through our geographic area. **National experts** are joining the roster so that you can stay up-to-date with national **trends**. Join them, gain **mega CEU/CME** credits - including **ethics hours**, secure certification, and **expand your networks** all in one convenient, comfortable and spacious location.

All these experts will be at your beckon call, together, under one roof for three days at a price far less than some of them charge for individual programs! Here are just a few of the requested and celebrated faculty:

Robert Kirby
Award Winning
Columnist, Author
& Humorist

Born into a military family, Mr. Kirby has written more than nine books and a column for the Salt Lake Tribune since 1994. A popular convention speaker, and one requested by Generations audiences, Mr. Kirby will be exploring the "Science of Idiocy" with all in attendance.



Scott R. Haltzman, MD
Noted Author, Psychiatrist &
Distinguished Fellow

Dr. Haltzman, former Clinical Assistant Professor at Brown University and Medical Director of NRI Community Services in Woonsocket, Rhode Island, is currently at The David Lawrence Center in Naples, Florida. He is the author of "The Secrets of Happily Married Men," "The Secrets of Happily Married Women," "The Secrets of Happy Families" and "The Secrets of Surviving Infidelity," and, edits DrScott.com and 365Reasons.com.



Melanie Puerto Conte, MS
Adjunct Professor &
Leader in Suicide Prevention

As Director of Suicide Prevention Initiatives for the New York State Office of Mental Health, Ms. Puerto Conte has been

intimately involved with programs which are credited for reducing New York's suicide rates by around 10%. Her knowledge of programs and implementation methods will provide invaluable direction for others - both in civilian and military communities.



Marianne Mathewson-Chapman, PhD
First Woman Major General in the Army National Guard, Multiple Medal Recipient & Hall of Famer

Dr. Mathewson-Chapman is the Veterans Health Administration Outreach Consultant to the National Guard/Reserve and Families. In her military service, she served as Deputy Surgeon General of the Army National Guard and special Assistant to the Chief, Army Nurse Corps.

MONDAY, APRIL 15

7:00 - 8:00

REGISTRATION, EXHIBITS & CONTINENTAL BREAKFAST

8:00 - 9:15

WELCOME

Roxanne Bartel, MD – CME Course Director - University of Utah Neuropsychiatric Institute

KEYNOTE: WHY WOULD I THINK OF SUICIDE?

Stu Shipley, Sgt. - Retired

KEYNOTE: STOPPING THE TRAGEDY OF SUICIDE

Melanie Puerto Conte, MS - Suicide Prevention Initiatives Director, New York State Office of Mental Health

9:15 - 9:30

EXHIBITS & BREAK

9:30 - 10:45

AUTISM SPECTRUM DISORDERS IN ADULTS: A REVIEW OF THE FIELD & SUPPORT STRATEGIES *

Megan Farley, PhD - Assistant Clinical Professor, University of Utah Department of Psychiatry

DEPENDENCY AND CO-DEPENDENCY: DSM-5 CASE FORMULATIONS & TREATMENT APPROACHES THAT CHANGE INJURIOUS SELF-BELIEFS

Gray Otis, PhD, CMHC - Clinical Director, Alpine Treatment Services

LESSONS LEARNED & ETHICS CONFRONTED – MOBILE MENTAL HEALTH CRISIS TEAMS

Barry Rose, LCSW (Coordinator) - Mobile Crisis Team Director, University of Utah Neuropsychiatric Institute

LOOKING BACK: THE IMPACT OF ADVERSE CHILDHOOD EXPERIENCES & ADULT MENTAL HEALTH

Douglas Goldsmith, PhD - Executive Director, The Children's Center

MANAGING CHRONIC CONDITIONS & BEING PHYSICALLY ACTIVE: YOGA AS MEDICINE

Rebecca Fronberg, BS, CHES - Physical Activity, Nutrition & Obesity Program Manager, Utah Department of Health

Rebecca Castleton, BS, CHES - Arthritis Program Coordinator, Utah Department of Health

MODERN DAY TREATMENTS FOR SUBSTANCE USE DISORDERS

Valerie Fritz, MA, LSC, ICADC (Panel Coordinator) - President / CEO, House of Hope

WHO IS AT-RISK FOR SUICIDE & WHAT CAN YOU DO? THE COMPREHENSIVE SUICIDE CARE FRAMEWORK

Anna Fondario, MPH - Injury Epidemiologist, Utah Department of Health Violence & Injury Prevention Program

Kimberly Myers, MSW - Prevention By Design Program Manager, NAMI Utah

Douglas Gray, MD - Associate Clinical Director & Residency Training Director, University of Utah Child & Adolescent Psychiatry Residency

Melanie Puerto Conte, MS - Suicide Prevention Initiatives Director, New York State Office of Mental Health

WORKPLACE BULLIES: SOME PEOPLE NEVER GROW-UP!

Joanne Cameron, PhD - Psychologist, Clinical Informatics

10:45 - 11:00

EXHIBITS & BREAK

11:00 - 12:00

COMPLEX TRAUMA: WORKING WITH CHILDREN & THEIR CAREGIVERS IN FAMILIES UNDER STRESS

Douglas Goldsmith, PhD - Executive Director, The Children's Center

FAILURE TO LAUNCH: HOW TO MAKE THE ADULT CHILD AN 'ADULT'

Darren Adamson, PhD, LMFT - Associate Professor, North Central University

HEALTH RISKS & MANAGEMENT FOR YOUR CLIENTS

Anna Fondario, MPH - Injury Epidemiologist, Utah Department of Health Violence & Injury Prevention Program

Michael Friedrichs, MS - Lead Epidemiologist, Utah Department of Health Bureau of Health Promotion

Jenny Johnson, MPH, CHES - Unintentional Injury Prevention Coordinator, Utah Department of Health Violence & Injury Prevention Program

PSYCHIATRIC COMORBIDITY IN ADULTS WITH AUTISM *

Deborah Bilder, MD - Assistant Clinical Professor, University of Utah Department of Psychiatry; Medical Director, Neurobehavior HOME Program

SUICIDE RISK ASSESSMENT: DISCUSSIONS ON CASE APPROACH & THE CSSRS

Melanie Puerto Conte, MS - Suicide Prevention Initiatives Director, New York State Office of Mental Health

WHAT YOU NEED TO KNOW FROM 'THE HILL' - LEGISLATIVE ISSUES AFFECTING YOUR PRACTICE

Andrew Riggle, MA - Public Policy Advocate, Disability Law Center

WOMEN, SUBSTANCE USE & TRAUMA - THE UNIQUE CYCLE

Wendy McArthur, APC - Clinical Director, Odyssey House of Utah

WORKING THROUGH CO-OCCURRING DISORDERS

Valerie Fritz, MA, LSC, ICADC (Panel Coordinator) - President / CEO, House of Hope

12:00 - 1:00

LUNCHEON

1:00 - 2:15

AND THIS IS YOUR BRAIN ON DRUGS

Glen R. Hanson, PhD, DDS - Professor, University of Utah Department of Pharmacology & Toxicology; Director, Utah Addiction Center

CREATIVELY COPING WITH CHANGE: LESSONS FROM THE BEATLES & THE SERENITY PRAYER

William R. Klinger, PhD, CTRS - Salt Lake VA Medical Center

DEPLOYMENT CYCLE DYNAMICS & HOW THEY IMPACT TREATMENT

Kent Roundy, MD - Medical Student Director, Utah State Hospital

HELPING ADULTS WITH INVISIBLE DISABILITIES *

Chris Burbank, BS - Chief, Salt Lake City Police

Betsy Burton, BA - Owner, King's English Bookshop

William McMahon, MD (Moderator) - Professor & Chair, University of Utah Department of Psychiatry

REMARriage & CO-PARENTING FOR SUCCESS

Sally M. Amsden, MA, LMFT - Partner, Stepfamily Success, Inc.

Beth Hughes, LMFT - Co-owner, Stepfamily Success, Inc.

SUICIDE RISK?! NOW WHAT? A SAFETY PLANNING PRIMER

Melanie Puerto Conte, MS - Suicide Prevention Initiatives Director, New York State Office of Mental Health

SUPPORTING CLIENTS THROUGHOUT THE COMMITMENT PROCESS (WORKING WITH COURT-ORDER CLIENTS)

Aaron Kinikini, JD - Attorney, Disability Law Center

USING THE EMOTIONAL CLOSENESS CYCLE TO TREAT RELATIONSHIPS IN CONFLICT:

EXPLORING THE LINK BETWEEN THE EMOTIONAL CLOSENESS CYCLE AND CYLCES OF VIOLENCE

J. Craig Limb, LCSW - Wasatch Mental Health

Krista L. Limb, LCSW - Wasatch Mental Health

2:15 - 2:30

EXHIBITS & BREAK

2:30 - 3:30

AUTISM: DATING, MARRIAGE & FAMILY ISSUES*

William McMahon, MD (Panel Moderator) - Professor & Chair, University of Utah Department of Psychiatry

BIO RHYTHMS – CIRCADIAN RHYTHMS – HOW TO GET THE RIGHT SLEEP RHYTHMS

AlRae Synder, MS, APRN, PMHCNS, BC - Clinical Nurse Specialist, Utah State Hospital

A BRIEF OVERVIEW OF CIVIL COMMITMENT OF ADULTS & JUVENILES IN UTAH

Susan Eisenman, JD - Assistant Attorney General, Utah Department of Human Services

DRUG TRENDS AT HOME & ON THE STREETS

Michael Ross, BA - Lieutenant, Salt Lake City Police Department

IMPLEMENTATION SCIENCE: ENDURING SYSTEM CHANGE & IMPROVED PRACTICE

Randy K. Moss, PhD - CEO, Co-Occurring Disorders Institute, Inc. (Supported by Hazelden Publishing)

KILLING CRITICISM WITH COMMUNICATION KUNG-FU

Emil F. Harker, LMFT - Director, Changes Individual & Relational Therapy

SUICIDE FIRST-AID: ASK A QUESTION, SAVE A LIFE - I

Barbar Higgins, BS - FCT Coordinator, Sandy Police Department

Phil Hoover, MS - Detective, Sandy Police Department

USING DIALOGUE TO TRANSFORM HISTORICAL TRAUMA

David Derezotes, LCSW, PhD - Professor, University of Utah College of Social Work

3:30 - 3:45

EXHIBITS & BREAK

3:45 - 5:00

HEALTH TIPS TO MAINTAIN MENTAL & PHYSICAL HEALTH: WHY CHANGE?

Tim W. McGaughy, MD, PhD - Medical Director, Wasatch Mental Health

MAKING WORK 'WORK' - BALANCING LIFE & A JOB WHEN YOU HAVE AUTISM *

Jenny Jensen, BA - Project Facilitator, University of Utah Department of Psychiatry

Tim Riesen, MEd, PhD - Research Assistant Professor, Utah State University Department of Special Education & Rehabilitation

NEVER TOO EARLY: DELIVERING MENTAL HEALTH SERVICES TO FAMILIES WITH INFANTS & YOUNG CHILDREN

Samantha Acosta, AMFT - Therapist, Southwest Behavioral Health Center

Lynne Seaborg Cobb, PhD - Clinical Child Psychologist, Southwest Behavioral Health Center

PORNOGRAPHY: WHEN IS 'TREATMENT' NEEDED & WHAT INTERVENTIONS WORK?

Steven Eastmond, LCSW - Owner, Steven Eastmond, LLC

PRACTICE PROCESS IMPROVEMENT

Robert E. Koenen, RN, BSN, MN, MBA - Retired Colonel, Fortis Nursing

SUICIDE FIRST-AID: ASK A QUESTION, SAVE A LIFE - II

Barbar Higgins, BS - FCT Coordinator, Sandy Police Department

Phil Hoover, MS - Detective, Sandy Police Department

TBI & PTSD – THE NEUROPSYCHOLOGY & REHABILITATION OF CATASTROPHIC INJURY

Erica Chenoweth, PhD - Rehabilitation Neuropsychologist, Intermountain Healthcare

WORKING IN THE DARK: INTERVENTIONS TO TURN THE LIGHT ON FOR CLIENTS WITH SCHIZOPRENIA

Tahlia Cozzens, LCSW - Utah State Hospital Forensics Unit

Spencer Lloyd, MS, MT-BC, CSW - Utah State Hospital Forensics Unit

* Autism Track organized by the Utah Autism Resource Partnership with support from the University of Utah Department of Psychiatry and sponsored by a grant from the Cambria Health Foundation to help improve the quality of life for adult individuals with autism and their families, in Utah, and the intermountain west.

TUESDAY, APRIL 16

7:30 - 8:00

CHECK-IN, EXHIBITS & CONTINENTAL BREAKFAST

8:00 - 9:15

KEYNOTE: SECRETS OF HAPPILY MARRIED MEN & HAPPILY MARRIED WOMEN

Scott R. Haltzman, MD - Psychiatrist, David Lawrence Center; Distinguished Fellow, American Psychiatric Association; Noted Author & Speaker (Supported by the Utah Marriage Commission)

9:15 - 9:30

EXHIBITS & BREAK

9:30 - 10:45

CAREGIVING ACROSS THE GENERATIONS: STRATEGIES, RESOURCES & SUPPORTS

Utah Coalition for Caregiver Support

Clara McClane, LCSW (Panel Facilitator) - Director of Professional Services, Jewish Family Services

CONTEMPORARY EVIDENCE-BASED TREATMENTS OF POST-TRAUMATIC STRESS DISORDER

Doug Bermingham, MS - Doctoral Candidate in Counseling Psychology, University of Utah

LESSONS LEARNED FROM PEER SUPPORT IN TREATMENT SETTINGS - I

Roy Castelli, CPS - Program Manager Consumer Affairs, Utah Division of Substance Abuse & Mental Health

Julie Hardle, BA - Manager of Recovery & Resiliency, OptumHealth Salt Lake County

Randy Huntington, LCSW - Crisis Services Program Manager, Wasatch Mental Health

Barry Rose, LCSW - Crisis Services Manager, University of Utah Neuropsychiatric Institute

Geri Alldredge, PhD (Panel Coordinator) - Program Manager, Wasatch Mental Health

THE LOW DOWN ON THE DOWN LOW: DEFINING EMOTIONAL AND PHYSICAL AFFAIRS

Scott R. Haltzman, MD - Psychiatrist, David Lawrence Center; Distinguished Fellow, American Psychiatric Association; Noted Author & Speaker

MINDFULNESS-BASED INTERVENTIONS: MOOD & ANXIETY DISORDERS & STRESS MANAGEMENT

William R. Marchand, MD - Associate Clinical Professor, University of Utah Department of Psychiatry

TEDDY BEARS TO GRAY HAIRS: MENTAL HEALTH PROMOTION & MENTAL ILLNESS PREVENTION THROUGHOUT THE LIFESPAN

Kimberly Myers, MSW - Prevention By Design Program Manager, NAMI Utah

TRAUMA-FOCUSED DBT: VALIDATION ESSENTIALS

Michael W. Tragakis, PhD - Clinical Psychologist, Salt Lake VA Medical Center

10:45 - 11:00

EXHIBITS & BREAK

11:00 - 12:15

CO-OCCURRENCE OF FAMILY VIOLENCE

Margaret Coleman, BS - Executive Director, Utah Domestic Violence Council

EXECUTIVE FUNCTION DEFICITS IN ADULTS: WHAT WE KNOW & WHAT WE CAN DO ABOUT IT

Adam Schwebach, PhD - Director, Neuropsychology Center of Utah

LESSONS LEARNED FROM PEER SUPPORT IN TREATMENT SETTINGS - II

Roy Castelli, CPS - Program Manager Consumer Affairs, Utah Division of Substance Abuse & Mental Health

Julie Hardle, BA - Manager of Recovery & Resiliency, OptumHealth Salt Lake County

Randy Huntington, LCSW - Crisis Services Program Manager, Wasatch Mental Health

Barry Rose, LCSW - Crisis Services Manager, University of Utah Neuropsychiatric Institute

Geri Alldredge, PhD (Panel Coordinator) - Program Manager, Wasatch Mental Health

MEN & WOMEN: HOW ARE THEY DIFFERENT WHEN IT COMES TO THE PRACTICE OF PSYCHIATRY?

Roxanne Bartel, MD - CME Course Director - University of Utah Neuropsychiatric Institute

PART OF LIFE: END-OF-LIFE MATTERS

Christie North - External Relations Vice President, HealthInsight

TRAUMA - FOCUSED DBT: EXPOSURE & COMMITMENT STRATEGIES

Michael W. Tragakis, PhD - Clinical Psychologist, Salt Lake VA Medical Center

WHY PEOPLE CHEAT - WHERE BIOLOGY MEETS DESTINY

Scott R. Haltzman, MD - Psychiatrist, David Lawrence Center; Distinguished Fellow, American Psychiatric Association; Noted Author & Speaker

12:15 - 1:30

LUNCH - ON YOUR OWN

1:30 - 2:45

ENDING THE AFFAIR & MOVING ON FROM INFIDELITY: HELPING COUPLES TALK ABOUT THE AFFAIR

Scott R. Haltzman, MD - Psychiatrist, David Lawrence Center; Distinguished Fellow, American Psychiatric Association; Noted Author & Speaker

KEEPING SYNAPSES FIRING – COGNITIVE CHANGES THROUGH THE GENERATIONS

Marc A. Steed, PhD

L.E.A.D. WITH LOVE: WHAT YOU NEED TO KNOW ABOUT AND FOR GAY KIDS & THEIR FAMILIES

David M. Huebner, PhD, MPH - Associate Professor, University of Utah Department of Psychology

THE MILLION DOLLAR MARINE & OTHERS

Christina L. Gallop, MD - Medical Director, Fourth Street Clinic

NEW DRUGS, FDA WARNINGS, GENERICS & PSYCHOPHARM UPDATES FOR NON-PRESCRIBERS

Kelly Barland, PharmD - HealthCare Pharmaceuticals

Emily Trone, PharmD - HealthCare Pharmaceuticals

TRAUMA, RECOVERY & EMPOWERMENT OF WOMEN

Nancy Harmon, LPC - Valley Mental Health

Susan Mitchell, LCSW - Alcohol & Drug Director, Valley Mental Health

Stacey Rich, LPC - Valley Mental Health

USING THE MIND TO HEAL THE BRAIN FROM ADDICTION & OTHER MENTAL HEALTH DISORDERS

John P. Barbuto, MD - Owner, Neurology-In-Focus

Sabine Weil, MC, CMHC - Clinical Director, Turning Point Centers

2:45- 3:00

EXHIBITS & BREAK

3:00 - 3:45

APOLOGIZING & FORGIVING: MOVING BEYOND THE AFFAIR

Scott R. Haltzman, MD - Psychiatrist, David Lawrence Center; Distinguished Fellow, American Psychiatric Association; Noted Author & Speaker

BRAIN PLASTICITY - USING CURRENT CONCEPTS IN TREATMENT

John P. Barbuto, MD - Owner, Neurology-In-Focus

Sabine Weil, MC, CMHC - Clinical Director, Turning Point Centers

SIMPLE YOGA FOR COMPASSION FATIGUE, SELF-CARE & TRAUMA – SENSITIVE YOGA BREAKS FOR CLIENTS

Yael Calhoun, MA, MS - Executive Director, GreenTREE Yoga

SUCCESS IN RECOVERY USING TEN DOMAINS OF RESILIENCY

Jennifer Oxborrow, LCSW - Utah Division of Substance Abuse & Mental Health

TMS – AN UPDATE ON A NOVEL, NEW APPROACH TO DEPRESSION

Howard Weeks, MD - University of Utah Neuropsychiatric Institute

TREATMENT MALLS – A NEW EDUCATION & THERAPY CENTER

Ted Gerun, LCSW - Treatment Mall Director, Utah State Hospital

Susan Hendy, RN, AD - Administrative Director, Utah State Hospital

UTAH'S DEMOGRAPHIC PICTURE: PAST, PRESENT & FUTURE - ARE YOU READY?

Effie Johnson, BS - Research Analyst & State Data Center Coordinator, Governor's Office of Management & Budget

3:50 - 5:00

BUILDING A BETTER MARRIAGE AFTER INFIDELITY

Scott R. Haltzman, MD - Psychiatrist, David Lawrence Center; Distinguished Fellow, American Psychiatric Association; Noted Author & Speaker

MARK PAYNE KEYNOTE: THE SCIENCE OF IDIOCY!

Robert Kirby - Columnist, Salt Lake Tribune

WEDNESDAY, APRIL 17

07:00 - 08:00

CHECK-IN, EXHIBITS & RESOURCES

08:00 - 09:45

WELCOME, PRESENTATION OF THE COLORS & GUBERNATORIAL WELCOME*Terry Schow* – Executive Director, Utah Department of Veterans Affairs*Utah National Guard**Gary R. Herbert, Governor* - Utah**KEYNOTE: TBD***Marianne Mathewson-Chapman***KEYNOTE: NOT ME – I'M TOO TOUGH***Stu Shipley, Sgt.* - Retired

09:45 - 10:00

EXHIBITS, RESOURCES & BREAK

10:00 - 11:15

CONCURRENT SESSIONS & MILITARY EMPLOYMENT FAIR (opens at 11:00)**DEALING WITH DIGITAL DISTRACTIONS: HOW MOBILE TECHNOLOGY & SOCIAL MEDIA HAVE CHANGED US***Adam Schwebach, PhD* - Director, Neuropsychology Center of Utah**DEPLOYMENT CYCLE DYNAMICS – HOW YOU COMPARE & HOW YOU CAN HELP***Kent Roundy, MD* - Medical Student Director, Utah State Hospital*Hilary Roundy, BS***FIGURING IT OUT - FINANCIAL SUCCESS IN & OUT OF THE MILITARY***Final Speaker Confirmation Pending***FIGURING OUT THAT OTHER GENDER***Eric W. Bjorklund, JD* - President, Utah Youth Village**PTSD 101 FOR EMPLOYERS & OTHER FRONTLINERS***Steven Allen, PhD* - PTSD Clinical Team Coordinator, Salt Lake VA Medical Center**ROUND TABLE FOR ACTION: FIRST RESPONDERS***Barry Rose* (Coordinator) - Director, Crisis Services Manager, University of Utah Neuropsychiatric Institute**SUBSTANCE ABUSE & MENTAL HEALTH SERVICES ADMINISTRATION - TECHNICAL SUPPORT***Final Speaker Confirmation Pending*

11:15 - 11:30

RESOURCES, MILITARY EMPLOYMENT FAIR & BREAK

11:30 - 12:45

CONCURRENT SESSIONS & MILITARY EMPLOYMENT FAIR**BEHIND THE CAMERA: HOW THE MEDIA TREATS OUR MILITARY ****Final Confirmation Pending***DEVELOPING A RESILIENT FAMILY IN THE 21ST CENTURY***Adam Schwebach, PhD* - Director, Neuropsychology Center of Utah**THE INVISIBLE WAR OF MILITARY SEXUAL ASSAULT – MORE THAN RHETORIC - I***Breeze Hannaford, LCSW* - Military Sexual Trauma Program Coordinator, Salt Lake VA Medical Center**KEEPING THE LOVE-LIGHT BURNING***Emil F. Harker, LMFT* - Director, Changes Individual & Relational Therapy**OUTSIDE THE BOX, OUTSIDE THE WALLS: HEALING IN THE GREAT OUTDOORS & ELSEWHERE***Mark A. Keller, LCSW* - Administrative Director, Utah State Hospital*Sandy MacLeod, PhD, BCBA-D* - Behavior Specialist, University of Utah Neurobehavior HOME Program*Rebecca Wallace, MSN, FNP-C, APRN* - Nurse Practitioner, Salt Lake VA Administration Hospital at

Eagle's Nest Residential Substance Abuse Recovery

ROUND TABLE FOR ACTION: RURAL HEALTH*Byron Bair, MD* (Coordinator) - Rural Health Director, VA Medical Centers

SUICIDE PERSPECTIVES FROM THOSE LEFT BEHIND

Stu Shipley, Sgt. - Retired

Other individuals & family members to be determined

Melanie Puerto Conte, MS - Suicide Prevention Initiatives Director, New York State Office of Mental Health

Lisa Stoddard, APRN, PMHNP-BC (Coordinator) - Suicide Prevention Coordinator, VA Medical Center

12:45 - 13:45

EXHIBITS, RESOURCES, BREAK & MILITARY EMPLOYMENT FAIR LUNCH – ON YOUR OWN

13:45 - 15:00

CONCURRENT SESSIONS & MILITARY EMPLOYMENT FAIR

COMMUNICATION FOR CIVILIAN SUCCESS

Emil F. Harker, LMFT - Director, Changes Individual & Relational Therapy

ENDING HOMELESSNESS AMONG VETERANS IN UTAH – OUR GROWING CHALLENGE

Al Hernandez, MSW - Healthcare for Homeless Veterans Program Manager, Salt Lake VA Medical Center

INSIGHTS FROM YOUR POTENTIAL EMPLOYER *

Bart O. Davis, MAOM (Panel Coordinator) - Transition Assistance Advisor

THE INVISIBLE WAR OF MILITARY SEXUAL ASSAULT – MORE THAN RHETORIC - II

Breeze Hannaford, LCSW - Military Sexual Trauma Program Coordinator, Salt Lake VA Medical Center

MAKING A GOOD MARRIAGE EVEN BETTER

David Fawcett, PhD, AMFT - In-Home Therapist, Hopeful Beginnings

Elizabeth B. Fawcett, PhD, LMFT - Vice President of Academic Affairs, Argosy University

ROUND TABLE FOR ACTION: EDUCATION & OUR MILITARY *

Final Confirmation Pending

SUICIDE – NOT JUST THE SAME OLD BRIEFING

Melanie Puerto Conte, MS - Suicide Prevention Initiatives Director, New York State Office of Mental Health

15:00 – 15:15

EXHIBITS, RESOURCES & BREAK

15:15 – 16:15

HOLISTIC MEDICINE - THE JOURNEY FROM ALTERNATIVE TO MAIN STREAM

Don W. Glover, MSW, PhD - Associate Director of Integrative Health, Salt Lake VA Medical Center

OFF THE MARK: FINDING HUMOR IN HEALTH

William R. Klinger, PhD, CTRS - Salt Lake VA Medical Center

PEERS IN ACTION

Carolyn Fick, MS, RN, PMHCNS-BC - Local Recovery Coordinator & Psychosocial Rehabilitation & Recovery Center Coordinator, Salt Lake VA Medical Center

ROUND TABLE FOR ACTION: FEEDBACK FOR THE VETERANS REINTEGRATION TASK FORCE *

Terry Schow (Session Facilitator) - Executive Director, Utah Department of Veterans Affairs

SOME OF THE BEST THINGS WE CAN DO FOR OUR KIDS

David Fawcett, PhD, AMFT - In-Home Therapist, Hopeful Beginnings

Elizabeth B. Fawcett, PhD, LMFT - Vice President of Academic Affairs, Argosy University

WHAT IS MINDFULNESS?

David Derezotes, LCSW, PhD - Professor, University of Utah College of Social Work

WHEN THE WAR COMES HOME: READJUSTMENT AFTER DEPLOYMENT

Edward Varra, PhD - Salt Lake VA Medical Center

16:20 – 17:00

CLOSING KEYNOTE: ONE TECHNIQUE FOR CREATING THE “MILLION DOLLAR” RELATIONSHIP

Emil F. Harker, LMFT - Director, Changes Individual & Relational Therapy

** These sessions are not designed with objectives specific to most clinical professionals and may not meet criteria for CEU/CME credit.*

Program is confirmed as of print date. Minor changes may occur.

PROGRAM COMMITTEE

Roxanne Bartel, MD - CME Course Director; University of Utah Neuropsychiatric Institute

Geri Alldredge, PhD - Program Manager, Wasatch Mental Health

Doug Benson, PsyD - Director of Psychology, Utah State Hospital

Todd Christensen, BS - Professional Relation Liaison, Highland Ridge Hospital

Bart O. Davis, MAOM - Transition Assistance Advisor, Employer Support of the Guard & Reserve

Anna Fondario, MPH - Injury Epidemiologist, Utah Dept of Health Violence & Injury Prevention Program

Michael Foster, PhD, CRC, LVRC - Vocational Rehab Counselor, Dept of VA Vet Success on Campus

Valerie Fritz, MA, LSAC, ICADC - CEO, House of Hope

Maria T. Fruin, RN, BSN, MS - OEF/OIF/OND Program Manager, Salt Lake VA Medical Center

Julie Hardle, BA - Manager of Recovery & Resiliency, OptumHealth Salt Lake County

Lynda R. Healey, RN, BSN - Behavioral Health Care Manager, Select Health

Jennifer Hebdon-Seljestad, LCSW - Former Director of Admissions, St. Joseph Villa & The Marian Center

Rick Hendy, LCSW - Adult Mental Health Program Administrator, Utah Div of Substance Abuse & Mental Health

Annika K. Hunt, LCSW - Psychological Health Wing Director, Utah Air National Guard

Alana Jacobs, PhD, ANCC - Nurse Practitioner, Utah Dept of VA Outpatient Mental Health

Gloria Jensen, LCSW - Advocate, AW2-Army Wounded Warrior
Mark A. Keller, LCSW - Administrative Director, Utah State Hospital

Juergen E. Korbanka, PhD - Executive Director, Wasatch Mental Health

Tom Mullin, PhD - Psychologist - Salt Lake VA Medical Center

Lynda Perkins, LPC - Social Services Coordinator, Lakeview Hospital Senior Pathways

Craig L. PoVey, MSW - Program Administrator, Utah Div of Substance Abuse & Mental Health

Melanie Reese, AAS - Coordinator, Utah Marriage Commission

Christopher Scott, BS - Outreach Coordinator, Dept of VA

Jennifer Spooner, MS, CRC, LVRC - Vocational Rehab Counselor, State of Utah

Douglas R. Stafford, MBA, CMHC, SUDC - Residential Clinical Supervisor, First Step House

Kelly Starkey, BS - Public Relations, Valley Mental Health

Lisa Stoddard, MSN, APRN, PMHNP-BC - Suicide Prevention Coordinator, Salt Lake VA Medical Center

Barbara Sullivan, PhD - Associate Director, Utah Addiction Center

Doug Thomas, LCSW - Assistant Director, Utah Div of Substance Abuse & Mental Health

Janet Wade, BSc - Utah Services Director, Easter Seals-Goodwill Northern Rocky Mountain

Yasmine Wiker, RN - Unit Coordinator, LDS Hospital Outpatient DaySpring

Tia D. Korologos, BSN, RN - President, ESI Management Group (facilitator)

ADDITIONAL PLANNING SUPPORT

Steven Allen, PhD - PTSD Clinical Team Coordinator, Salt Lake VA Medical Center

Brent Baxter, Col - Program Director, Utah National Guard

Emily W. Bleyl, LCSW - Executive Director, National Association of Social Workers Utah Chapter

Jeremy Boberg, SUDC - CEO, inner-Vention Behavioral Health

Martin Freimer, MD - Geriatric Psychiatrist, University of Utah Dept of Psychiatry

Kathy Nielson - Caregiver Training Specialist, Salt Lake County Caregiver Support Program

Kevin Padberg - Wingman Advocate, Hill Airforce Base

Monica Pelaez - Community Coordinator, Army One Source

Terry Schow - Executive Director, Utah Dept of VA

Kali Stoddard - Marketing Director, Odyssey House of Utah

Kim Watts, CTR - Executive Director, Utah - Employer Support of the Guard & Reserve (ESGR)

Founder - University of Utah Neuropsychiatric Institute

Platinum Partners

- Utah Department of Veterans Affairs
- Utah Division of Substance Abuse & Mental Health

Facility Support

- ESGR Grant

Diamond Partners

- Utah Commission on Marriage
- Utah Department of Workforce Services

Ruby Partners

- The Ark of Little Cottonwood
- Edward G. Callister Foundation
- Highland Ridge Hospital
- Intermountain Healthcare
- Mountain Star Behavioral Health
- OptumHealth Salt Lake County
- Provo Canyon Behavioral Hospital

Sapphire Partners

- Iasis Healthcare
- Recovery Ways

Scholarship Support

- HealthCare Pharmaceuticals

Exhibitor

- Easter Seals - Goodwill Northern Rocky Mountain
- First Step House
- House of Hope
- inner-Vention Behavioral Health
- Legacy Outdoor Adventures
- Odyssey House of Utah
- Pathways Real Life Recovery
- Steps Recovery Center
- Summit Community Counseling
- Turning Point Centers
- University of Utah College of Social Work & Utah Valley University
- Utah Addiction Center

Only sponsors confirmed as of print date are listed

REGISTRATION FORM

Name* _____ Organization (if any) _____
Degree _____ Title (if any) _____ Email _____
Address _____ City/State/Zip _____
Daytime Phone (_____) _____ Fax (_____) _____

☐ Enclosed with this registration form, please find my check/money order, payable to: "Generations 2013 - ESI" for:

EARLY-BIRD REGISTRATION (must be postmarked by March 8, 2013)

- ☐ \$225 Two Day Conference (Monday & Tuesday)
- ☐ \$235 Two Day Conference with CEU/CME Certificate
- ☐ \$300 Three Day Conference (Monday - Wednesday)
- ☐ \$310 Three Day Conference with CEU/CME Certificate
- ☐ \$75 Couples Counseling Track ONLY (Tuesday) - Sponsored by the Utah Marriage Commission (Includes all talks by Dr. Haltzman, Lunch & CEU Certificate for up to 6.75 credit hours)
- ☐ \$ 00 Governor's Military & Family Summit (Wednesday) - without CEU/CME Credit
- ☐ \$125 Governor's Military & Family Summit (Wednesday) - with CEU or CME Credit & Certificate

GENERAL REGISTRATION (must be postmarked by April 3, 2013)

- ☐ \$255 Two Day Conference (Monday & Tuesday)
- ☐ \$265 Two Day Conference with CEU/CME Certificate
- ☐ \$330 Three Day Conference (Monday - Wednesday)
- ☐ \$340 Three Day Conference with CEU/CME Certificate
- ☐ \$90 Couples Counseling Track ONLY (Tuesday) - Sponsored by the Utah Marriage Commission (Includes all talks by Dr. Haltzman, Lunch & CEU Certificate for up to 6.75 credit hours)
- ☐ \$ 00 Governor's Military & Family Summit (Wednesday) - without CEU/CME Credit
- ☐ \$155 Governor's Military & Family Summit (Wednesday) - with CEU or CME Credit & Certificate

\$ _____ **Total**

ON-SITE REGISTRATION

This option will only be available as space permits. In the event you are unable to pre-register by April 3, 2013, you may call to inquire for availability and rates.

** If you prefer to register with a credit card, you may do so on-line at www.esimgt.org with conference registration code "G415".*

** Substitutions will not be accepted after April 10th. Such changes must be made on-site.*

** Confirmations will not be mailed. Your cancelled check or invoice will be your receipt / confirmation.*

☐ Please bill my agency as noted below. I have obtained approval for such billing using Purchase Order # _____:

Contact _____ Title _____ Organization _____

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ESI Management Group
Post Office Box 1734
Draper, UT 84020-1734

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The Governor's Military & Family Summit**
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